

MESH Community Cohesion Services

COMMUNITY MEDIATION COURSE OVERVIEW

Course Length: *The course should take between 12-18 months to complete. The hours are split into taught time (approx 24 hours) and time needed to mediate on 5-6 cases that you will complete in the field.*

Course Costs: *This course is free to those who can commit to the minimum 5-10 hours per week of 'voluntary' casework over the initial 12-18 month period. Please contact us if you wish to discuss alternative training courses.*

THE COURSE AIMS TO:

- Cover the whole neighbour mediation process
- Prepare you for mediating a full range of neighbour disputes
- Explore what conflict means to you and to others, enabling you to understand different responses to conflict
- Communicate clearly what mediation is and how it compares with other ways of handling conflict
- Build understanding of neighbours experiencing difficulties and what effect this can have on behaviour - how conflict can make you react, think, feel and behave and how this can form part of a dispute
- Enhance existing skills, develop new ones, building self awareness and self confidence
- Help you to work positively with individuals and groups from all walks of life, backgrounds and cultures
- Give you a chance to develop and practice basic mediation skills both in a training environment and 'on the job' experience
- Show how impartiality and empowerment work in practice to help you remain impartial and non judgmental as a mediator
- Help you decide what is mediatable and what is not
- Help you to develop practical skills which can be used in everyday life